

January 12th, 2012
Re: Baseball Camp

To: Kindergartners (T-Baseball) and (Coach Pitch) 1st and 2nd graders –
(this age group all Co-Ed)

I will have a one day, (afternoon) Baseball Camp for the kids through Kinder – 2nd grade, coaches, parents are welcome, that will be playing baseball, thinking of it, or not sure yet if they want to play.

I will go over fundamentals and cover what Baseball is about at this level; playing, hitting, fielding, positions, throwing, playing catch etc. Bring your glove.

“LEARN – PRACITCE – PLAY”

I don't want kids just playing Baseball. I want them to learn. Learn the fundamentals of the game, and the ballplayer in you will come out in time. The way my 1st real coach taught me as a young teen. To join one of his teams the only conditions he had were;

- 1 – always hustle
- 2 – come to learn
- 3 – you like playing baseball or you wouldn't be here

His name was Coach Dante Benedetti. He coached for over 40 years in youth leagues in San Francisco and was the Head Baseball Coach at USF.

Baseball is a great sport once you learn how the game is supposed to be played. I played in semi-pro and rookie league until I was about 30 years old, until an ankle injury took me out.

Now it's your turn to learn the fundamentals of the game and your “field of dreams” will come out....

Rome wasn't built in a day or an afternoon at the park. It takes time...

Baseball like any other sport you're playing - have fun.

See you on the field.

If not sure about the weather, get in touch.

Thanks
Coach Ray Ristaino, SFB Baseball Coordinator
cell#415-374-0687 or at ristainoer@yahoo.com



Practice Field – Balboa Park

(field #2 off San Jose Ave next to or close to the playground/rest room area)

If the field is not available we will use one of the other 3 fields that are there or we will find a spot.

Due to Basketball and Volleyball schedules currently happening, we will try to hold camp in the afternoon this coming Saturday, January 21st at 2pm.

Another date will be held for the upper grades.